

## ALM Later Life Care Elective 2024

Date & Time	Session Plan
<b>Saturday 17/02/24</b> <b>10am – 12pm</b> <b>Venue:</b> Church Hall (Stable Room), All Hallows Church, All Hallow Road, Bispham, FY2 0AY	<b>Biblical Perspectives on Ageing</b> <ul style="list-style-type: none"> <li>Brief overview of the course and its aims.</li> <li>Why this ministry?</li> <li>Biblical reflections on ageing (1)</li> <li>Explore the inspiration of contemporary elders.</li> <li>Introduce the concept of Anna Chaplaincy.</li> </ul>
	<b>Spirituality in later life: Listening to stories</b> <ul style="list-style-type: none"> <li>Western understandings of ageing.</li> <li>What is spirituality and the spiritual tasks in later life?</li> <li>How do we listen to each other's stories?</li> </ul>
<b>Saturday 9/03/24</b> <b>10am – 12pm</b> <b>Venue:</b> Church Hall (Stable Room), All Hallows Church, All Hallow Road, Bispham, FY2 0AY	<b>Ageing and Frailty: Supporting worship</b> <ul style="list-style-type: none"> <li>Biblical reflections on ageing (2)</li> <li>How do we age physically changes.</li> <li>How does aging impact on participation in church and worship?</li> <li>Good practice in worship and ministry.</li> </ul>
	<b>Spiritual Care for people with memory issues, dementia and in care homes</b> <ul style="list-style-type: none"> <li>Overview of living with dementia</li> <li>How to develop dementia friendly churches and Dementia Friends</li> <li>Overview of ministry with care homes</li> <li>Experience dementia friendly worship</li> </ul>
<b>Saturday 23/03/24</b> <b>10am – 12pm</b> <b>Venue:</b> Church Hall (Stable Room), All Hallows Church, All Hallow Road, Bispham, FY2 0AY	<b>Walking each other home: End of Life Care</b> <ul style="list-style-type: none"> <li>Biblical Reflections on Ageing (3)</li> <li>Experiences of living with advancing frailty.</li> <li>Explore the role of spiritual care as part of end-of-life care in hospital, care home, at home and in hospice.</li> <li>Introduce hospice and palliative care.</li> <li>Opportunity to discuss difficult questions.</li> </ul>
	<b>Reflections and Next Steps</b> <ul style="list-style-type: none"> <li>What next for each participant?</li> <li>Anna Chaplaincy</li> <li>Closing Worship</li> </ul>